



MINISTRY OF HEALTH



REGIONAL MENTAL HEALTH CONFERENCE 2026

FULL CONFERENCE PROGRAMME

Voices of Experience, Empowering Healing

Exploring Research, Innovation and Systemic Change across the Region

29-30 September 2026

Grand Royal Swiss Hotel | Kisumu, Kenya

Hosted by TINADA Youth Action Africa

CORE PARTNERS



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How to Read This Programme

FINAL CONFIRMATION NOTE: Accepted speakers and their listed Organizations are retained from the conference programme. Moderator and rapporteur names shown as “Proposed” are operational allocations and must be confirmed by the Organizing Committee before public release. Any remaining “TBC” entry should be resolved rather than guessed.

Session team note: Named moderators and rapporteurs have been allocated to make the programme operational. The organizing committee should confirm these allocations before publication.

The programme is arranged strictly in chronological order. Every parallel block shows all five rooms together before the programme moves to the next time slot. Oral abstract sessions contain three accepted abstracts. Organization sessions and masterclasses run alongside other parallel sessions as indicated.

S01-S10	Oral abstract sessions
O01-O17	Organization-led side events/learning sessions
M01-M05	Practical masterclasses
P01-P07	Poster presentations
TBC	To be confirmed by the organizing team

QUICK KEY: S = Oral abstract session | O = Organization / side event | M = Masterclass | P = Poster | TBC = Confirmation pending

DAY 1 - Tuesday 29 September 2026

Time	Programme
07:30-08:30	Registration, arrival, networking and poster mounting (Derick Otieno / Faith Odongo)
08:30-09:00	Delegate seating, orientation, accessibility and introductions (Euniva / Imelda / Sheth / Musa / Jeronime)
09:00-09:45	Official Opening Ceremony (MC: Musa Naviye / Jeronime Obwar)
09:45-10:30	Official Launch: Kisumu County Workplace Mental Health Policy (County Director of Public Health / Medical Services)
10:30-11:00	Morning tea, group photograph and Poster Rotation P01-P03 (Sharon / Christine / Rebecca / Sam)
11:00-12:15	Breakout Block 1 - five rooms
12:15-12:30	Breather and room transition
12:30-13:00	Open poster viewing and networking
13:00-14:00	Lunch and Poster Rotation P04-P07 - (Sharon / Christine / Rebecca / Sam Ouko)
14:00-15:15	Breakout Block 2 - five rooms
15:15-15:30	Breather and room transition
15:30-16:45	Breakout Block 3 - five rooms
16:45-17:15	Evening tea and open poster walk
17:15-17:30	Day 1 reflection and emerging recommendations

DAY 1 - Detailed Programme

07:30-08:30

ALL-DELEGATE PROGRAMME

Venue: Main Conference Hall | Registration, arrival, networking and poster mounting

Type: All-delegate programme

Objective: Complete accreditation and prepare posters

Registration Lead: Derick Otieno

Poster Coordinator: Loyan Amondi

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

08:30-09:00

ALL-DELEGATE PROGRAMME

Main Conference Hall | Delegate seating, conference orientation, accessibility and introductions

Type: All-delegate programme

Objective: Prepare delegates for an accessible and well-coordinated conference

Hall Managers: Euniva Odhiambo / Imelda Kimanani / Sheth Odundo

MC: Musa Naviye / Jeronime Obwar

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

09:00-09:45

ALL-DELEGATE PROGRAMME

Venue: Main Conference Hall | Official Opening Ceremony

Speaker(s): Dr. Mercy Karanja; Roy Douglas Otieno; Bornface Omallah

Organization(s): TINADA Youth Action Africa; CBM Global, AMHeLI, Ministry of Health; Conference Organising Committee; County Government of Kisumu

Type: All-delegate programme

Objective: Welcome delegates and establish the conference purpose and regional agenda.

Proposed moderator / Lead: Bornface Omallah

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

09:45-10:30

ALL-DELEGATE PROGRAMME

Main Conference Hall | Official Launch of the Kisumu County Workplace Mental Health Policy

Presentation: Dir. Fredrick Oluoch, HSC

Remarks: Dr. Mercy Karanja, Dr. Gregory Ganda, Dr. Rick Wolthusen, Dr. Linda Nyamute, Director Roy Douglas

Type: All-delegate programme

Objective: Launch the policy and secure implementation commitments

Proposed moderator / Lead: Dr. Fredrick Oluoch / Dr. Don Sunday / Raphael Wambua

Convener: Duncan Okall / Caroline Orenge / Euniva Odhiambo

MC: Jeronime Obwar / Musa Naviye

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

10:30-11:00

ALL-DELEGATE PROGRAMME

Main Conference Hall | Morning tea, group photograph and Poster Rotation P01-P03**Type:** All-delegate programme**Poster Coordinator:** Lyan Amondi**Objective:** Provide refreshments, networking, and guided poster engagement**Hospitality and Poster Teams:** Maurine Akwii / Boaz Onyango / Shaley Achieng / Victor Baraza**Proposed rapporteur / Usher:** Christine Geha / Rebecca Adongo**Technical support / Conference AV Team:** Braxton Elly / Sam Ouko / Sharon Olala

11:00-12:15	FIVE PARALLEL ROOMS (Side Event Manager: Adem Frank)			
Rambara A In charge: Christine Geha	Rambara B In charge: Janetrix	Aquarius In charge: Beverly / Billy	Vihiga In charge: Emmer / Calary	Siaya In charge: Paul / Sharon
S01 Identity, Lived Experience and Inclusive Care	S02 Community Leadership, Peer Support and Recovery	O01 Collective Learning Panel: TINADA, HERAF, PHR, BNR and Government of Kenya	O04 Blue Cross Kenya Side Event	O03 Oasis Healthcare Group Side Event

Venue: Rambara A | S01 Identity, Lived Experience and Inclusive Care - Time: 11:00 - 12:15**Type:** Oral abstract session**Objective Examine** How identity and lived experience should shape inclusive, rights-based mental health care**Proposed moderator / Lead:** Caroline Rucah Mwochi / Ammon Otieno**Lived Experience and Inclusion Lead:** Sheth Ogwen**Proposed rapporteur:** Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger**Convener:** Ammon Otieno**Technical support / Conference AV Team:** Sam Ouko

Presenter or contributor	Abstract or contribution	Organization
Dr. Kathryn Whetten	Care Preferences among Kenyan Sexual and Gender Minorities	Duke University
Kennedy Ouma	Mental Health Experiences of GBMSM above 35 in Kisumu	MAAYGO
Edgar Tekere	A GNC Journey through Crisis Peer Support and Community Healing	Trans Alliance Kenya

Venue: Rambara B | S02 Community Leadership, Peer Support and Recovery - Time: 11:00 - 12:15**Type:** Oral abstract session**Objective:** Share community-led peer-support and recovery models that can be adapted across the region**Proposed moderator/lead:** Michael Njenga | Enos Opiyo - DAYO**Community Mental Health Lead:** Janetrix Achieng - TINADA**Proposed rapporteur:** Sofia Nyakundi / Devina Akinyi / Georgina Obonyo**Convener:** Janetrix Achieng**Technical support / Conference AV Team:** Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Psy. Nr Abubakar Baba Shehu	Psychiatric Rescue, Rehabilitation and Reintegration in Nigeria	

Presenter or contributor	Abstract or contribution	Organization
Kamaru Ivan Kenneth	Community Healing and Peer Support in Uganda	FIDR Africa
Linnet Odidi	Response and Recovery	Optimum Life Choices Consult
Daniel Drileba Dratibi	Storytelling, Community Leadership, and Stigma in Uganda	

Venue: Aquarius | O01 Collective Learning Panel: TINADA, HERAF, PHR, BNBR and GOK

Time: 11:00 - 12:15 pm

Type: Organization side event

Objective: Build a shared government and civil-society agenda for community mental health, rights, lived experience and implementation

Proposed moderator / Lead: Maurine Akwii / Bernice Kiragu

Convener: Sebastian

Proposed rapporteur: Francis Kerato / Feline Nyagaka / Rebecca

Technical support / Conference AV Team: Sharon Olala

Presenter or contributor	Abstract or contribution	Organization
TINADA representative: Duncan Okall	Community mental health and lived-experience practice	TINADA Youth Action Africa
HERAF representative: Edward Munene	Rights accountability and community voice	HERAF
BNBR representative: Eugene Wanakeya	Community-based implementation learning	BNBR
MOH – Division of mental health	Policy systems and public-sector response	Government of Kenya
PHR representative – Suzzane Kidenda	Collective learning contribution	PHR
Director Health – Dr. Don Sunday		Kisumu County

Venue: Vihiga | O04 Blue Cross Kenya Side Event - Time: 11:00 - 12:15

Type Organization: Side event

Objective: Drugs, Substance Abuse and Youth Mental Health

Proposed moderator / Lead: Brian Magwaro

Convener: Anne Wanjiru

Proposed rapporteur: Jackson Osewe / Winnie Iminza / Ascar Oginga

Technical support / Conference AV Team: Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Sharon Rangah	Blue Cross programme practice	Blue Cross Kenya

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Presenter or contributor	Abstract or contribution	Organization
Samson Wambisa	NACADA approach to drug and substance abuse management	NACADA
Don Paul Odhiambo	Community-Based Peer Support as a Mental Health Innovation for Substance Use Recovery	Blue Cross Kenya
Nikiwe Mtema	Information Access and Drug and Substance Abuse among Youth in Malawi	CBM Global/ MHLF
Derick Otieno		TINADA Youth Action Africa

Venue: Siaya | O03 Oasis Healthcare Group Side Event - Time: 11:00 - 12:15

Type: Organization side event

Objective: Improve continuity between emergency referral pathways, mental health services and communities

Proposed Moderator/Lead: Benedict Were

Convener: Arthur Onyango

Proposed rapporteur: Florence Ondiek / Whitney Ndemo / Nancy Bosibori

Technical support / Conference AV Team: Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Immaculate Nyaga	Mental Health in an Emergency Medical Referral Pathway	Oasis Healthcare Group
Harriet Wambui Njoroge	Looking beyond the vitals	Oasis Healthcare Group
Raphael Wambua	Reflection on implementation of community health care in Kisumu	Kisumu County Government
Kepha Bisieri	Combining provider initiated and digital self-screening	Oasis Healthcare Group

12:15-12:30	ALL-DELEGATE PROGRAMME
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Conference-wide | Breather and room transition

Type: Transition / poster / hospitality

Objective: Allow delegates to rest and move safely between rooms

Lead: Sharon / Christine / Rebecca / Sam Ouko

12:30-13:00	ALL-DELEGATE PROGRAMME
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Conference-wide | Open poster viewing and networking

Type: Transition / poster / hospitality

Objective: Enable direct discussion with poster presenters

Poster Coordinator: Layan Amondi

Evaluator: Kerato Francis, Dr. Asweto & Dr. Odanga

Proposed rapporteur: Arthur Onyango

Technical support: Jackson Osewe

Conference AV Team: Braxton Elly / Sam Ouko/ Sharon Olala

13:00-14:00	ALL-DELEGATE PROGRAMME
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Conference-wide | Lunch and Poster Rotation P04-P07**Type:** Transition / poster / hospitality**Objective:** Provide lunch, networking and guided poster presentations**Hospitality and Poster Teams:** Loyan Omondi / Brenda Beverline**Coordinator:** Justus Otieno**Proposed rapporteur / Usher:** Feline Nyagaka / Rebecca Adongo**Technical support / Conference AV Team:** Braxton Elly / Sam Ouko / Sharon Olala

14:00-15:15	FIVE PARALLEL ROOMS (Side Event Manager: Richard Osungu)			
Rambara A	Rambara B	Aquarius	Vihiga	Siaya
S03 Youth Mental Health, Participation and Community Evidence	S04 Workplace Mental Health and Employee Wellbeing	O02 TINADA Basic Needs Project Day 1	O05 Homeless of Kisumu Side Event	O06 TINADA B3 Project Side Event

Venue: Rambara A | S03 Youth Mental Health, Participation and Community Evidence - Time: 14:00 - 15:45**Type:** Oral abstract session**Objective:** Explore youth mental health needs and participatory methods that bring community experience into evidence and action**Proposed moderator:** Zeddy Misiga**Convener:** Emmer Otieno**Proposed rapporteur:** Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger**Technical support / Conference AV Team:** Sam Ouko

Presenter or contributor	Abstract or contribution	Organization
Ekwenye Sharon Naswa	Neurodevelopmental Disorders Awareness Intervention and Lifespan Support	
James Nyabera	Men's Mental Health through Lived Experience, Sport, Media and Workplaces	CBM Global / MHLP
Danielle Khajidi Musumba	Centering Survivors through Photovoice	PHR Collective Learning

Venue: Rambara B | S04 Workplace Mental Health and Employee Wellbeing - Time: 14:00 - 15:45**Type:** Oral abstract session**Objective:** Translate workplace mental health evidence into safer, more supportive employment practices**Proposed moderator:** Seanny Odera**Convener:** Orenge' Caroline**Proposed rapporteur:** Sofia Nyakundi / Devina Akinyi / Georgina Obonyo**Technical support / Conference AV Team:** Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Charity Munyiva Kioko	Workplace Sexual Harassment and Organizational Silence	

Presenter or contributor	Abstract or contribution	Organization
Maggy Melvin	Burnout and Coping among Emergency Department Nurses	JOOTRH
Stephanie Wambui	Teacher Workplace Wellbeing and Mental Health	Knight wise Human Capital

Venue: Aquarius | O02 TINADA Basic Needs Project Day 1 - Time: 14:00 - 15:45

Type: Organization side event

Objective: Review Basic Needs community implementation lessons and strengthens lived-experience accountability.

Proposed Moderator: Erla Magnusdottir (CBM UK)

Coinvener: Janetrix Achieng

Proposed rapporteur: Francis Kerato / Feline Nyagaka / Rebecca

Technical support / Conference AV Team: Sharon Olala

Presenter or contributor	Abstract or contribution	Organization
Janetrix Achieng - Project Coordinator	Project Implementation Learnings	TINADA
Julian Onyango	Project Implementation Learnings	BNBR
Panelist discussion with Project Participants (Loice Omondi, Michael Odhiambo, Theresa, Erick Obado & Elizabeth Owiti)	Experience Sharing	TINADA Project Participants

Venue: Vihiga | O05 Homeless of Kisumu Side Event - Time: 14:00 - 15:45

Type: Organization side event

Objective: Share community recovery and youth wellbeing approaches for people experiencing homelessness

Proposed moderator / Lead: Grace Oyoo

Convener: Griffin Otieno

Proposed rapporteur: Jackson Osewe / Winnie Iminza / Ascar Oginga

Technical support / Conference AV Team: Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Veronica Atieno Okong'o	Failing the Bar, Finding Myself: A Story of Shame, Silence, and Slow Recovery	Homeless of Kisumu
Organization representative	Community recovery practice	
Community respondent	Youth inclusion and referral pathways	

Venue: Siaya | O06 TINADA B3 Project Side Event - Time: 14:00 - 15:45

Type: Organization side event

Objective: Share community recovery and youth wellbeing approaches for people experiencing homelessness

Proposed moderator / Lead: CBM Global Disability Inclusion (Anthony Ngari)

Convener: Winnie Okoth

Proposed rapporteur: Florence Ondiek / Whitney Ndemo / Nancy Bosibori

Technical support / Conference AV Team: Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Programme contributor – Winnie Okoth	B3 impact Lab	TINADA B3
Panel discussion with project participants (Great, Eunice, Evans, Lucy, Stacy, Caroline)	Implementation experience	TINADA B3
Plenary	Questions and answers	TINADA B3

15:15-15:30

ALL-DELEGATE PROGRAMME

Conference-wide | Breather and room transition

Type: Transition

Objective: Provide a protected rest and movement period

Lead: Sharon Olala / Christine Geha / Rebecca Adongo / Sam Ouko

15:30-16:45	FIVE PARALLEL ROOMS (Side Event Manager: Audrey Awuor)			
Rambara A	Rambara B	Aquarius	Vihiga	Siaya
S05 Culture, Recovery and Collective Healing	S06 Recovery, Resilience and Inclusive Care	O07 TINADA Imarisha Workplace Policy Implementation Lab	O08 Shamiri Institute Side Event	O09 KEMRI Research and Innovation Side Event

Venue: Rambara A | S05 Culture, Recovery and Collective Healing - Time: 15:30 - 16:45

Type: Oral abstract session

Objective: Explore culturally grounded approaches to recovery, survivor networks, stigma reduction and collective healing

Proposed moderator / lead: Eugene Wanekeya (BNBR)

Convener: Rachel Makachi/Justus Otieno

Proposed rapporteur: Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger

Technical support / Conference AV Team: Sam Ouko

Presenter or contributor	Abstract or contribution	Organization
Agnes Anyango	Shame, Silence and Slow Recovery	Growing up and liking it initiative
George Otieno Agal	Cultural Perspectives, Stigma and Help-Seeking	

Presenter or contributor	Abstract or contribution	Organization
Lorraine Ong'injo	Survivor Networks and Collective Healing	PHR Collective Learning

Venue: Rambara B | S06 Recovery, Resilience and Inclusive Care

Type: Oral abstract session

Objective: Connect resilience, lived experience, disability inclusion, and accessible support with community recovery practice

Proposed moderator / lead: Julian Onyango (BNBR)

Convener: Sheth Ogwen

Proposed rapporteur: Sofia Nyakundi / Devina Akinyi / Georgina Obonyo

Technical support / Conference AV Team: Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Vera Gumba	Climate-Responsive Economic Empowerment and Mental Health Resilience	Grassroot Impact
Susan Achieng Kasera	Healing Led by Lived Community Experience	
Queentah Wambulwa	Mobile Mental Health for GBV Survivors, Adolescents, Persons with Disabilities and Caregivers	

Venue: Aquarius | O07 TINADA Imarisha Workplace Implementation Lab

Type: Organization side event

Objective: Convert the Kisumu County Workplace Mental Health Policy into clear implementation actions

Proposed moderator / Lead: Caroline Orend

Convener: Anne Wanjiru

Proposed rapporteur: Francis Kerato / Feline Nyagaka / Rebecca

Technical support / Conference AV Team: Sharon Olala

Presenter or contributor	Abstract or contribution	Organization
Anne Wanjiru	To promote workplace well-being by creating safe and supportive environments across all sectors.	TINADA Imarisha
Panel Discussion of Workplace Experience	Workplace duties, reasonable accommodation and referrals	Kombewa County Hospital
Kisumu County	Monitoring, accountability and support systems	Kisumu County Government

Venue: Vihiga | O08 Shamiri Institute Side Event

Type: Organization side event

Objective: Share scalable youth mental health delivery lessons and identify partnership opportunities

Proposed moderator / lead: Faith Kamau - Shamiri Institute

Convener: Ammon Otieno

Proposed rapporteur: Jackson Osewe / Winnie Iminza / Ascar Oginga

Technical support / Conference AV Team: Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Dr. Tracy Wangechi Maina	Rethinking Mental Health for a Changing Youth Workforce	Shamiri Institute
Dr. Joel Okutoyi Waswa	Barriers to Inclusion and Mental Health among Students with Disabilities in Public Universities in Kenya:	Maseno University
Marvin Davis Odhiambo	Youth mental health response and scale-up	Shamiri Institute

Venue: Siaya | O09 Matibabu Foundation Side Event

Type: Organization session

Objective: Strengthen integrated community, youth and maternal mental health support and referral pathways

Proposed moderator / Lead: Mike Wanjeng'u

Convener: Julius Opande/ Audrey Awuor

Proposed rapporteur: Florence Ondiek / Whitney Ndemo / Nancy Bosibori

Technical support / Conference AV Team: Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Matibabu representative	Integrated mental health and social support pathways	Matibabu Foundation
Grace Auma Olilo	Mental health and workplace practices for better wellbeing	HEDSO
Community respondent	Rural access, inclusion and implementation	Matibabu Foundation

16:45-17:15

ALL-DELEGATE PROGRAMME

Conference-wide | Evening tea and open poster walk

Type: Break / Posters

Objective: Provide refreshments, networking, and final Day 1 poster interaction

Lead: Loyan / Sharon / Christine / Rebbecca / Sam Ouko

17:15-17:30

ALL-DELEGATE PROGRAMME

Main Conference Hall | Day 1 reflection and emerging recommendations

Speaker(s): Lead rapporteurs and thematic session representatives

Organization(s): Regional Mental Health Conference

Type: Reflection

Objective: Capture priority learning for the Kisumu Call to Action

Proposed moderator / Lead: Bonface Omallah/ Jeronime / Musa

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton / Sam Ouko / Sharon Olala

Coordinator for all side events for Day 1: Ammon Otieno

DAY 2 - Wednesday 30 September 2026

All delegates remain together for the morning recap and keynote. The five practical masterclasses begin simultaneously at 10:00 AM. The remaining oral and Organization sessions follow at 11:30 AM and 2:00 PM.

Time	Programme
07:30-08:00	Registration, networking and open poster viewing (Derick / Faith)
08:00-08:15	All-delegate Day 1 recap (Arthur Onyango)
08:15-09:30	Keynote Address and All-Delegate Plenary (MC: Musa / Jeronime)
09:30-10:00	Morning tea and Poster Rotation P01-P03 (Sharon / Christine / Rebecca / Sam Ouko)

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Time	Programme
10:00-11:15	Five simultaneous practical masterclasses M01-M05
11:15-11:30	Breather and room transition
11:30-12:45	Breakout Block 4 - S07, S08, O10, O17, O14
12:45-13:00	Protected Poster and Innovation Spotlight
13:00-14:00	Lunch and Poster Rotation P04-P07 (Sharon / Christine / Rebecca / Sam Ouko)
14:00-15:15	Breakout Block 5 - S09, S10, O15, O16, O13
15:15-15:30	Breather and transition to Main Conference Hall
15:30-16:30	High-Level Regional Policy Dialogue
16:30-17:00	Evening tea, final poster viewing and networking (Sharon / Christine / Rebecca / Sam Ouko)
17:00-17:30	Closing Plenary and Kisumu Call to Action

DAY 2 - Detailed Programme

07:30-08:00

ALL-DELEGATE PROGRAMME

Main Conference Hall | Registration, networking and open poster viewing

Type: All-delegate programme

Objective: Welcome delegates and provide early poster engagement

Proposed moderator / lead Registration: Derick Otieno

Poster Coordinator: Loyan Omondi / Justus Otieno

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

08:00-08:15

ALL-DELEGATE PROGRAMME

Main Conference Hall | All-delegate Day 1 recap in the Main Conference Hall

Speaker(s): Arthur Onyango

Type: All-delegate programme

Objective: Connect Day 1 learning with Day 2 priorities

Proposed moderator / lead: Bornface Omallah

Proposed rapporteur: Zibora Simiyu

Technical support / Conference AV Team: Braxton / Sam Ouko / Sharon Olala

08.45 - 10.00am

ALL-DELEGATE PROGRAMME

Main Conference Hall | Panel discussion / Interview and All-Delegate Plenary

Keynote Speech: Dr. Jebet Boit - Ministry of Health, Kenya, Dr. Rick Woltusen (On the Move eV.), Edward Munene (HERAF), Laura (Comic Relief), Linet Odidi

Type: Panel Discussion - Erla Magnúsdóttir, Dr. Shadrack Opon, Dr. Kenneth Odhiambo, Dr. Linda Nyamute, Francis Opondo - OGW

Objective: Status and quality of mental health Care and funding within health systems in the region

Proposed moderator / lead: Jeronime Obwar/Musa Naviye

Convener: Janetrix Achieng

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

10.00-10:30

ALL-DELEGATE PROGRAMME

Main Conference Hall | Morning tea and Poster Rotation P01-P03

Type: All-delegate programme

Objective: Provide refreshments, networking, and guided poster engagement

Hospitality and Poster Teams: Justus Otieno & Loyan Amondi

Proposed rapporteur / Usher: Christine Geha / Rebecca Adongo

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

10:30-11:15

FIVE SIMULTANEOUS PRACTICAL MASTERCLASSES (Side Event Manager: Beatrice Awino)

Rambara A

Rambara B

Aquarius

Vihiga

Siaya

M01 Translating

M02 Designing

M03 Lived

M04 Implementing

M05 Partnership

10:30-11:15	FIVE SIMULTANEOUS PRACTICAL MASTERCLASSES (Side Event Manager: Beatrice Awino)			
Rambara A	Rambara B	Aquarius	Vihiga	Siaya
Research into Policy and Practice	Sustainable Community Mental Health Systems	Experience Leadership and Co-production	Workplace Mental Health Policy	Building, Financing, Data and Innovation

Venue: Rambara A | M01 Translating Research into Policy and Practice

Type: Practical masterclass

Objective: Equip participants with a practical pathway for converting evidence into policy and implementation

Proposed moderator/lead: Dr. Jebet - MOH. Division of Mental Health

Convener: Francis Kerato

Proposed rapporteur: Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger

Technical support / Conference AV Team: Sam Ouko

Presenter or contributor	Abstract or contribution	Organization
Lead: Dr. Catherine Wanjiku		MOH- Division of Mental Health
Rahma Said Ahmed		MOH- Division of Mental Health
Rapporteur: Zibora Simiyu	Key actions, resources and commitments	Conference team

Venue: Rambara B | M02 Advancing Mental Health and Economic Resilience Through VSLA Model

Type: Practical masterclass

Objective: Build participants' skills to design, finance and scale sustainable community mental health systems

Proposed moderator / lead: Erick Ochieng

Convener: Wilfrida Otieno

Proposed rapporteur: Sofia Nyakundi / Devina Akinyi / Georgina Obonyo

Technical support / Conference AV Team: Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Bonface Omallah		TINADA
Michael Odongo		Inua Village

Venue: Aquarius | M03 Lived Experience Leadership and Co-production

Type: Practical masterclass

Objective: Mental Health Leadership Programme

Proposed moderator / lead Africa Mental Health Leadership Programme Representative: CBM Global

Convener: Janetrix Achieng

Proposed rapporteur: Francis Kerato / Feline Nyagaka / Rebecca

Technical support: Conference AV Team: Sharon Olala

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Presenter or contributor	Abstract or contribution	Organization
Lead: Michael Njenga	Africa Mental Health Leadership Programme and lived-experience leaders	CBM Global
Technical contributor: Ednar Musyoka	Applied tools, case examples and participant exercise	CBM Global
Rapporteur: Zibora Simiyu	Key actions, resources and commitments	Conference team

Venue: Vihiga | M04 Mental health and wellness

Type: Practical masterclass

Objective: Improve Mental Health & Wellness

Proposed moderator / lead: Beatrice Awino

Convener: Winnie Okoth

Proposed rapporteur: Jackson Osewe / Winnie Iminza / Ascar Oginga

Technical support / Conference AV Team: Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Dr. Linet Odidi		Optimum Life Choices

Venue: Siaya | M05 ICON DATA MASTER CLASS

Type: Practical masterclass

Objective: Strengthen data-use and innovation planning for regional action

Proposed moderator / lead: Richard Osungu

Convener: Victor Baraza / Griffin Otieno

Proposed rapporteur: Florence Ondiek / Whitney Ndemo / Nancy Bosibori

Technical support / Conference AV Team: Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Zeddy Misiga	Key actions, resources and commitments	ICON Data and Learning Labs

11:15-11:30	ALL-DELEGATE PROGRAMME
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Conference-wide | Breather and room transition

Type: Transition / poster / hospitality

Objective: Allow delegates to rest and move safely between rooms

Lead: Sharon Olala / Christine Geha / Rebbeca Adongo / Sam Ouko

11:30-12:45	FIVE PARALLEL ROOMS (Side Event Manager: Joseph Ojuki)			
Rambara A	Rambara B	Aquarius	Vihiga	Siaya
S07 Integrated Health and Chronic Care	S08 Digital Innovation, Advocacy and Systems Change	O10 Matibabu Foundation and YWCA Community Support Side Event	O17 Africa Mental Health Leadership Programme Dialogue (CBM)	O14 TINADA BasicNeeds Project Day 2 Scale-up Lab

11:30-12:45	FIVE PARALLEL ROOMS (Side Event Manager: Joseph Ojuki)			
Rambara A	Rambara B	Aquarius	Vihiga	Siaya
			Global-led Side Event)	

Venue: Rambara A | S07 Integrated Health and Chronic Care

Type: Oral abstract session

Objective: Strengthen integration of mental health within maternal, chronic and community health services

Proposed moderator / lead: Betty Onyango

Convener: Loyan Amondi

Proposed rapporteur: Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger

Technical support / Conference AV Team: Samwel Ouko

Presenter or contributor	Abstract or contribution	Organization
Okul Janel Nyapola	Mental Health Services in Maternal and Child Health	
Dr. Jeremiah Okuto Agache	Cervical Cancer and Lived Mental Health Experience	Maseno University
Maxwell Biketi Nangalama	Community-led Mental Health Awareness, Counselling and Youth Empowerment	

Venue: Rambara B | S08 Digital Innovation, Advocacy and Systems Change

Type Oral: Abstract session

Objective: Assess how digital tools and advocacy can improve access, accountability and systems change

Proposed moderator / lead: Duncan Okall

Convener: Beryl Achieng

Proposed rapporteur: Sofia Nyakundi / Devina Akinyi / Georgina Obonyo

Technical support / Conference AV Team: Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Edmond Odhiambo	MINDCARE Digital Platform	DigiHub
Caleb Jephune	Lived-Experience-Informed Support through Therabot	Bricklabs AI
John Mwangi	Living Proof Advocacy Approach in Kenya	

Venue: Vihiga| O09 KEMRI Research and Innovation Side Event**Type:** Organization side event**Objective:** Connect research, innovation and implementation evidence with regional practice and policy**Proposed moderator / lead:** Elizabeth Gwaro**Convener:** Rachel Makachi**Proposed rapporteur:** Jackson Osewe / Winnie Iminza / Ascar Oginga**Technical support / Conference AV Team:** Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Corrie Mevis Omollo	Adaptation of the Friendship Bench mental health intervention among young women living with HIV in Western Kenya	KEMRI
Richard Osungu	Integrating Mental Health Screening and Lived-Experience Indicators into Community Health Information Systems in Kenya, Lake Region as a Pilot.	TINADA
Winnie Juma	Maternal Mental Health Innovation	Nivishe Foundation

Venue: Aquarius | O17 Africa Mental Health Leadership Programme (CBM Global-led Side Event)**Type:** Panel Discussion**Objective:** Nothing About Us Without Us: Strengthening Lived Experience Leadership and Meaningful Participation in Mental Health Governance in Africa.**Proposed moderator / lead:** Ednar Musyoka - CBM**Convener:** Ammon Otieno**Proposed rapporteur:** Francis Kerato / Feline Nyagaka / Rebecca**Technical support / Conference AV Team:** Sharon Olala

Presenter or contributor	Abstract or contribution	Organization
Michael Njenga	Lived-experience leadership across the region	CBM Global
James Nyabera	Amplifying Men's Mental Health and Lived experience institutionalization	Africa Mental Health Leadership Programme
Tom Rasto Wekesa	Amplifying Men's Mental Health and Lived experience institutionalization	Africa Mental Health Leadership Programme
Nikiwe Ireen Mutema	Analyzing Information Access as an Influencing Factor in Drug and Substance Abuse: A Study of Youths in Peri-Urban and Urban Lilongwe	Africa Mental Health Leadership Programme
Michael Odhiambo	Lived-experience	TINADA
Maureen Akombo	Lived-experience	TINADA

Venue: Siaya | O14 TINADA Basic Needs Project Day 2 Scale-up Lab

Type: Organization session**Objective:** Develop a practical roadmap for scaling sustainable community mental health services**Proposed moderator / lead:** Anthony Ngari**Convener:** Rachel Makachi**Proposed rapporteur:** Florence Ondiek / Whitney Ndemo / Nancy Bosibori**Technical support / Conference AV Team:** Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Janetrix Achieng	Integrating Mental Health Intervention, Livelihood Mentorship and Seed Grants Awards for People with Lived Experience in Kisumu, Kenya	TINADA
Loureen Onyango	From Lived Experience to Evidence and Leadership: The Contribution of Mental Health Champions to Community Mental Health in Kilifi County, Kenya.	BNBR
Plenary	Q&A Sessions	

12:45-13:00

ALL-DELEGATE PROGRAMME

Poster Area | Protected Poster and Innovation Spotlight

Type: Transition / poster / hospitality**Objective:** Enable direct discussion with poster presenters**Poster Coordinator:** Loyan Amondi**Evaluators:** Kerato Francis, Dr. Asweto & Dr. Odanga**Proposed rapporteur:** Arthur Onyango / Jackson Osewe**Technical support:** Katharina Eichinger**Conference AV Team:** Braxton Elly / Sam Ouko / Sharon Olala

13:00-14:00

ALL-DELEGATE PROGRAMME

Conference-wide | Lunch and Poster Rotation P04-P07

Type: Transition / poster / hospitality**Objective:** Provide lunch, networking and guided poster presentations**Hospitality and Poster Teams:** Justus Otieno / Loyan Amondi**Convener:** Brenda Beverly**Evaluators:** Kerato Francis, Dr. Asweto & Dr. Odanga**Technical support / Conference AV Team:** Braxton Elly / Sam Ouko / Sharon Olala

14:00-15:00	FIVE PARALLEL ROOMS (Side Event Manager: Ammon Otieno)			
Rambara A	Rambara B	Siaya	Vihiga	Aquarius
S09 Leadership, Displacement and Regional Practice	S10 Peer Support, Survivor Rights and Collective Care	O15 Muungano Rural Empowerment Center	O16 ICEA LION Session	O13 Practical Lessons from B3 Project on Strengthening Mental Health

14:00-15:00	FIVE PARALLEL ROOMS (Side Event Manager: Ammon Otieno)			
Rambara A	Rambara B	Siaya	Vihiga	Aquarius
				Systems in Kisumu

Venue: Rambara A | S09 Leadership, Displacement and Regional Practice

Type: Oral abstract session

Objective: Highlight leadership and regional practices that support displaced and underserved populations

Proposed moderator / lead: Nickson Mugambi

Convener: Imelda Atieno

Proposed rapporteur: Zipora Simiyu / Arthur Onyango / Florence Ondiek / Katharina Eichinger

Technical support / Conference AV Team: Sam Ouko

Presenter or contributor	Abstract or contribution	Organization
Juma Sabun Saverio	Refugees as Mental Health Leaders	Refugees Life Heroes
Tom Rasto Wekesa	Institutionalising Lived Experience in Research Programmes and Policy	Rauka Afrika
Etabu Justine	Community Mental Health and Domestic Violence Prevention in Uganda	POPow Vision

Venue: Rambara B | S10 Peer Support, Survivor Rights and Collective Care

Type: Oral abstract session

Objective: Connect peer recovery, survivor rights, accountability and culturally grounded care with practical community support

Proposed moderator / lead: Janetrix Achieng

Convener: Beryl Achieng

Proposed rapporteur: Sofia Nyakundi / Devina Akinyi / Georgina Obonyo

Technical support / Conference AV Team: Japheth Owino

Presenter or contributor	Abstract or contribution	Organization
Charles Ogutu	Wellness Recovery Action Planning in Kenya	Haki Group Wellness for Future
Caroline Rucah Mwochi	African Cultures of Collective Healing for Frontline Defenders	WKLFF
Dorcas Nyambura Gitonga	Mental Health Care Evidence, Accountability and Remedy for Survivors	PHR Collective Learning

Venue: Siaya | O15 Surround Sound Kenya Program**Type:** Organization session**Objective:** Define peer-led approaches and ethical, inclusive partnerships that respond to community youth-led priorities**Proposed moderator / lead:** Hillary Omondi**Convener:** Bonface Omallah**Proposed rapporteur:** Florence Ondiek / Whitney Ndemo / Nancy Bosibori**Technical support / Conference AV Team:** Brian Otieno

Presenter or contributor	Abstract or contribution	Organization
Esther Bitaranga / Fred	Film/ Session theme and contribution	Binti Rising Initiative
Sharin Obiero	Journey to wholeness: a peer-led mentorship model for strengthening adolescent mental health	Muungano
Jacky Kowa	Programme action brief	SSK

Venue: Vihiga | O16: Imarisha Side Event**Type:** Organization session**Proposed moderator/lead:** Caroline Oreng'**Convener:** Samwel Otieno**Proposed rapporteur:** Jackson Osewe / Winnie Iminza / Ascar Oginga**Technical support / Conference AV Team:** Braxton Elly

Presenter or contributor	Abstract or contribution	Organization
Maxwell Biketi	From Silence to Healing; A Community-Led Approach to Mental Health Awareness	
Ekwenye Sharon Naswa	The Neurodevelopmental Disorders Awareness, Intervention and Lifespan Support Initiative (NDDAILSI).	
Agnes Anyango	Failing the Bar, Finding Myself: A Story of Shame, Silence, and Slow Recovery	Growing Up and Liking It Initiative

Venue: Aquarius | O13 B3 IMPACT LAB SIDE EVENT**Type:** Organization session**Objective:** To draw lessons from the B3 Project and other community-based mental health approaches.**Proposed moderator-lead:** Ednar Musyoka**Convener:** Winnie Okoth**Proposed rapporteur:** Francis Kerato / Feline Nyagaka / Rebecca**Technical support / Conference AV Team:** Sharon Olala

Presenter or contributor	Abstract or contribution	Organization
B3 Human Interest Story	Lived experience and change: barriers, B3 intervention, wider impact and lessons	TINADA Youth Action Africa–B3 Project

REGIONAL MENTAL HEALTH CONFERENCE 2026

Presenter or contributor	Abstract or contribution	Organization
Stakeholder Panel- Faith Maina, Cosmas Onywera, Milton Maina, David Kopiyo, Sylvester Obiero, Erla Magnúsdóttir	Community Mental Health: Systems, Inclusion, Sustainability	- MOH - Health County; - MOE - Kisumu County; - Sub-County Mental Health; - Lake Region OPDs Hub; - Women Enterprise Fund
From Learning to Action – All participants	Identification of three actions to Start, three to Stop, and three approaches to Scale or Adapt	B3 Side Event

15:00-15:15	ALL-DELEGATE PROGRAMME
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Main Conference Hall | Breather and transition to the Main Conference Hall

Type: Transition / poster / hospitality

Objective: Provide rest and reconvene all delegates for the closing programme

Lead: Sharon Olala / Christine Geha / Rebecca Adongo / Sam Ouko

15:15-16:00	ALL-DELEGATE PROGRAMME
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Main Conference Hall | High-Level Regional Policy Dialogue

Speaker(s): Dr. Jebet Boit; Director Fredrick Oluoch; Edward Miano Munene

Type: Plenary dialogue

Objective: Secure commitments on financing, rights, implementation and accountability

Proposed moderator / Lead: Musa Naviye

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

16:00: 16.30	ALL-DELEGATE PROGRAMME
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Main Conference Hall | Closing Plenary and Kisumu Call to Action

Speaker(s): Division of Mental Health; TINADA; Kisumu County Representative

Type: Closing plenary

Objective: Adopt priority commitments and formally close the conference

Proposed moderator / lead: Musa Naviye/ Jeronime Obwar

Proposed rapporteur: Arthur Onyango

Technical support / Conference AV Team: Braxton Elly / Sam Ouko / Sharon Olala

16.30 -17:00	ALL-DELEGATE PROGRAMME
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Evening tea & Departure

Coordinator for all side events for Day 2: Duncan Okall

Poster Programme

Poster	Presenter	Title	Organization
P01	Hope Katana	Decentralising Mental Healthcare in Kilifi County	
P02	Emily Owino	Integrated Mental Health and Social Support for Financially Vulnerable Mothers	Matibabu Foundation
P03	Sharon Ogolla	Mental Health Effects among GBMSM following USAID Stop-Work Directives	MAAYGO
P04	Julius Opande	Mental Health Effects of Unplanned HIV Disclosure in Boarding Schools	TINADA
P05	Seliza Opanga	Contraceptive Access and Mental Wellbeing among Adolescent Girls and Young Women	
P06	Issa Mwandiani	Mental Health and Self-Care among Young People Living with HIV	
P07	Carol Oreng'	Lived Experience of Neurodivergent Children in Education and Community	NeuroRoots CBO

Poster Presentation Times

Time	Posters	Format
Day 1 10:30-11:00	P01-P03	Morning tea guided presentations
Day 1 12:30-13:00	P01-P07	Open viewing and presenter interaction
Day 1 13:00-14:00	P04-P07	Lunch guided presentations
Day 1 16:45-17:15	P01-P07	Evening tea open poster walk
Day 2 07:30-08:00	P01-P07	Open viewing
Day 2 09:30-10:00	P01-P03	Morning tea presentations and judging
Day 2 12:45-13:00	P01-P07	Protected Poster and Innovation Spotlight
Day 2 13:00-14:00	P04-P07	Lunch presentations and judging
Day 2 16:30-17:00	P01-P07	Final viewing and judges' consolidation

Presentation Timing

Oral Abstract Sessions

Component	Time
Chair introduction	5 minutes
Three presentations	15 minutes each / 45 minutes total
Moderated discussion	20 minutes
Closing and transition	5 minutes

Panel and Organization Sessions

Component	Time
Moderator framing and introductions	8 minutes
Panel or Organization contributions	40 minutes
Audience discussion	20 minutes
Commitments and closing	7 minutes



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